

Ontario's Enhanced 18-Month Well-Baby Visit Planner

FREE

Ask the important questions



Why should you complete the Visit Planner?

The Visit Planner was developed to enhance discussion related to Ontario's Enhanced 18-Month Well-Baby Visit.

Completion of the Visit Plan prior to your child's 18-month visit will help you to prioritize topics for discussion with their child's health care team. Learn more about child development, receive guidance on potential questions to ask, and save your own unique Visit Plan to bring it to the visit. The Visit Planner was developed to emphasize the important role of parents in the success of this visit, and to provide an efficient and effective way to guide your conversation about development.

How does the Visit Planner work?

Designed to complement the Ontario version of the Rourke Baby Record, the Visit Planner guides you through 5 topic areas that experts have identified as key areas of healthy child development, including: Physical Health, Safety, Parenting & Healthy Habits, Motor & Language Skills, and Social & Emotional Development.



Learn more at: myvisit.ca